



Results Ready



Quantitative hCG Test

Clara Spot™

TESTING SERVICE

Accurate
hCG testing
without the
lab visits.

PRIVATE. SIMPLE. RELIABLE.

What is Clara Spot™ Testing Service?

Clara Spot™ Testing Service provides a private, simple way to monitor hCG levels in your blood without visiting a lab for a traditional blood draw, using a finger stick blood collection method.



PRIVATE

Collect blood samples from the privacy of your home and skip in-person follow-up visits to a clinic or lab for a blood draw. Receive your hCG blood sample results in your secure HIPAA-compliant online portal.

SIMPLE

All it takes is a blood sample from your fingertip. The testing service supplies everything you need to collect up to two blood samples.

RELIABLE

Samples are tested by the CAP-accredited, CLIA-certified laboratory for quantitative results.

WHY DID MY PROVIDER ORDER THIS?

During pregnancy, the body produces a hormone called hCG (human Chorionic Gonadotropin).

Blood samples collected a few days apart help determine how the level of hCG in your body is changing.

Create Your Online Account

Create Account

Go to www.claraspot.com and follow the link to create an account with a username and password.

01



REGISTER YOUR SAMPLE CARD(S)

You will register each Sample Card with the Sample ID, collection date, and **Provider ID** in your secure online portal to link your samples to your provider. Ask your provider to fill in their Provider ID on the back of this brochure.

IMPORTANT: Before sending your sample, write your name, date of birth, Provider ID, and collection date on your Sample Card.

Missing information may result in your sample being rejected or delayed by the lab.

02



COLLECT YOUR BLOOD SAMPLE(S)

Wash your hands, prep your finger, do a finger stick, and place the blood drops on the Sample Card. Fill **at least three spots** per collection. Let the blood spots fill the circle completely. Do not touch or smear the blood.

After filling and drying the spots, place the Sample Card in the provided Sample Bag (one card per bag), seal it, and store in a cool, dry place until ready to send.

03



SEND YOUR SAMPLE CARD(S)

Place Sample Bag(s) with completed Sample Card(s) into the provided 2-day pre-paid FedEx® return envelope. Drop off at an accepted FedEx® location or contact FedEx® to arrange a pickup within 24-48 hours after your last sample is taken.

Keep your tracking number or log in to your portal to check receipt status.

04



GET YOUR RESULTS

Results are typically available 2 to 4 days after your samples are received by the lab. You will be notified by email and text when results are ready in your online portal.

Your healthcare provider will contact you to review your results and discuss next steps, as needed.

Tips for a Successful Test

Register each Sample Card. You will need to register **each** sample card with the Sample ID, collection date, and Provider ID in your secure online portal to ensure your tests are processed.

Get blood flowing. Shake your hand vigorously for at least 30 seconds to stimulate blood flow. Collecting your sample while standing may help increase blood flow.

Prick the side of your finger. Place the lancet against the right or left side of the clean fingertip. We suggest using your ring (4th) or middle finger to start.

Let it fall. Let a large blood drop fall in the center of the circle, focusing on one circle at a time so blood spreads evenly. Do not rub, smear, or press your finger into the card.

Switch fingers if needed. If you cannot fill at least three circles on the Sample Card, use the second lancet on a different finger.

Send it in. Seal the pre-paid envelope and bring to a FedEx® location or schedule a pickup as soon as possible.

FAQS & SUPPORT

Visit www.claraspot.com for a full list of FAQs, or contact the support team at www.claraspot.com/support for assistance with your online portal or sample results.

SCAN THE QR CODE TO VIEW INSTRUCTIONS



Testing Details

Your provider will let you know if they would like you to collect multiple samples and the dates for your sample collection below.

PROVIDER ID

SAMPLE 1 COLLECTION DATE

SAMPLE 2 COLLECTION DATE

ADDITIONAL NOTES AND INSTRUCTIONS:

**CONTACT SUPPORT AT:
WWW.CLARASPOT.COM/SUPPORT**

